

A	Women	Men
200 Medley Relay	1	2
200 Free	3	4
50 Back	5	6
200 IM	7	8
50 Free	9	10
50 Breast	11	12
100 Butterfly	13	14
200 Free Relay	19	20

B	Women	Men
100 Free	15	16
50 Butterfly	21	22
100 Back	23	24
100 IM	25	26
100 Breast	27	28
400 Free Relay	29	30
**500 Free	17	18

****The 500 Free will swim only once between the 2 sessions. Coaches and swimmers in that event need to be at the meet for warm-ups no later than 45 minutes after the start time of the first meet.**